



Wednesday July 22 2020 | TrinityAltoona.com | Facebook.com/TrinityAltoona

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Submission Deadline: Sundays 12:00 Noon

Worship With Us: Saturdays 6:30PM, Sundays 8:15AM & 10:45AM

Can't Make It To Church? [Please Give Online](#) (Endorsed by the [ELCA](#))



Watch Pastor Eli's sermon,
recorded Sunday July 19, 2020 at Trinity Altoona

COME WORSHIP WITH US THIS WEEKEND

As we continue moving back to normal, Trinity Altoona is being cleaned and prepared prior to each weekend and then refreshed after each of our 3 weekly services: 6:30PM Saturday, 8:15AM Sunday and 10:45AM Sunday.

We are, of course, taking a common sense approach and applying recommended social distancing measures during worship services. The 6th Street door is not currently being used so we can reduce the number of entry points to the church. There is also no singing or passing of the peace for the time being. FYI we do offer continuous communion during our 8:15AM Sunday service only.

We welcome you to worship with us this weekend. Peace be with you!



Trinity's Sharon Kutz reports the **Healthy You exercise group** recently held a picnic at Linda Hoover's house. She says everyone brought something to eat and there was so much good food. Sharon says they were going to play games but had so much fun just talking and catching up after 4 months+ apart. The weather cooperated, it was a beautiful day.

Attendees included Patty and Lester Bennett, Ruthie Brubaker, Claire Goon, Sandy Hoffman, Sharon Kutz, Mavis Madera, Norma Stenger and Betty Wilkinson. Dave Hoover chatted with the group and Ken Kutz stopped by for a bite to eat.

Thanks to Linda and Jess Hoover for hosting the gathering on what Sharon called "a very relaxing day."

Trinity's own Janice Knee hosted a "**Friendship Buffet**" this past Sunday to thank the people who have helped her during the past year as she continues to battle cancer. Even the pandemic shutdown can't stop Janice from keeping a positive attitude and a smile on her face :)



Janice Knee (photo courtesy Sharon Kutz)

Trinity Altoona will be holding a **Congregational Meeting the weekend of August 1-2**. This will be an opportunity for the congregation to vote on proposed changes to our Gift Acceptance Policy as proposed by your Church Council.

Did you know Trinity Altoona has a **YouTube Channel**? Now you can watch our archived worship services and sermons anytime, on your computers, smartphones, tablets and smart TVs. [Subscribe to Trinity's YouTube channel today :\)](#)

Our **regular weekly activities** include the Sewing Group (Mondays 10AM-2PM), Adult Bible Study (Tuesdays 9-10AM), the Healthy You Program (returns in September), the Crochet Group (returns in September) and the Prayer Breakfast (returns in September).

Summer, Fall, Winter and Spring. Faith, fun and fellowship are always in season at Trinity Altoona :)

PULSE PIC OF THE WEEK: DOG DAYS OF SUMMER




Kensington and Pastor Eli record a segment for Virtual Vacation Bible School, coming in August

HELP WANTED!

We're striving to make **The Pulse** bigger and better than ever before...but we can't do it without you!

Email your articles and photos (including who, what and where info for each photo) to thepulse@trinityaltoona.com. Be sure to include your phone number in case we have any questions. Thanks!

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