



Wednesday 28 July 2021 | [TrinityAltoona.com](http://TrinityAltoona.com) | [Facebook.com/TrinityAltoona](https://Facebook.com/TrinityAltoona)

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Submission Deadline: Sundays 12:00 Noon

Worship With Us: Saturdays 6:30PM, Sundays 8:15AM & 10:45AM

Can't Make It To Church? [Please Give Online](#) (Endorsed by the [ELCA](#))



Watch Pastor Eli's announcements and sermon,  
recorded during the 8:15AM service on July 25 2021 at Trinity Altoona

### **COME WORSHIP WITH US THIS WEEKEND**

As of July 2021, Trinity Altoona is no longer requiring attendees to wear masks if you are fully vaccinated. Please keep masking up if it makes you feel more at ease.

We still encourage the congregation to spread out and socially distance during worship services. The offering plate remains on the table at the rear of the sanctuary, there is no

passing of the peace and the continuous communion format will stay in place for the time being.

As a service to those unable to worship in person, we continue to record our 8:15AM Sunday announcements, gospel and sermon for broadcast later in the day on Facebook, YouTube and [TrinityAltoona.com](http://TrinityAltoona.com).

Please support your church by mail, dropbox or online at [TrinityAltoona.com/Give](http://TrinityAltoona.com/Give).



In-person **Vacation Bible School** is scheduled to return in August. Class will be held Sunday through Thursday evenings (August 8-12) from 6-8PM. This year's theme: *The Knights of the North Castle*. If you know of any children interested in attending or you would like to volunteer to help, please contact Pastor Eli or the church office.

Speaking of VBS, **the Triniteens youth group is looking for volunteers** to assist with Vacation Bible School. They need group leaders and people to help with story time. Please contact Rob Lloyd if you're willing to lend a hand. FYI, the Triniteens next meeting is coming up in August...stay tuned for more info.

We invite you to support **Trinity Altoona's "Band" Aid Campaign** by purchasing one of our black-and-gold silicone wristBANDs for \$3. 100% of the proceeds will go toward covering our monthly broadBAND and telephone expenses. You can find the wristbands on the table in the Sunday School room.

Did you know Trinity Altoona has a **YouTube Channel**? Now you can watch our archived worship services and sermons anytime, on your computers, smartphones, tablets and smart TVs. [Subscribe to Trinity's YouTube channel today :\)](#)

Our regular weekly activities include the Sewing Group (Mondays 10AM-2PM), Adult

Bible Study (returns in September), the Healthy You Program (Tuesdays and Fridays 10-11AM), the Prayer Breakfast group (Thursdays 9-10AM) and Sunday School (returns in September).

Summer, Fall, Winter and Spring. Faith, fun and fellowship are always in season at Trinity Altoona :)

### **PULSE PIC OF THE WEEK: NO PAIN, NO GAIN**



*The Healthy You exercise group enjoys tasty rewards like these after their workouts. Join them Tuesday and Friday mornings in Trinity Hall :) Photo courtesy Sharon Kutz*

### **HELP WANTED!**

We continue to strive to make **The Pulse** bigger and better than ever before...but we can't do it without you!

Email your articles and photos (including who, what and where info for each photo) to [thepulse@trinityaltoona.com](mailto:thepulse@trinityaltoona.com). Be sure to include your phone number in case we have any questions. Thanks!

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