



Wednesday 15 September 2021 | [TrinityAltoona.com](http://TrinityAltoona.com) | [Facebook.com/TrinityAltoona](https://Facebook.com/TrinityAltoona)

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Submission Deadline: Sundays 12:00 Noon

Worship With Us: Saturdays 6:30PM, Sundays 8:15AM & 10:45AM

Can't Make It To Church? [Please Give Online](#) (Endorsed by the [ELCA](#))



From the archives: watch Pastor Eli's announcements and sermon, recorded during the 8:15AM service on September 20 2020 at Trinity Altoona

### **COME WORSHIP WITH US THIS WEEKEND**

As of September 2021, Trinity Altoona is once again recommending all attendees wear masks regardless of vaccination status.

We also encourage the congregation to spread out and socially distance during worship services. The offering plate remains on the table at the rear of the sanctuary, there is no

passing of the peace and the continuous communion format will stay in place for the time being.

As a service to those unable to worship in person, we continue to record our 8:15AM Sunday announcements, gospel and sermon for broadcast later in the day on Facebook, YouTube and [TrinityAltoona.com](http://TrinityAltoona.com).

Please support your church by mail, dropbox or online at [TrinityAltoona.com/Give](http://TrinityAltoona.com/Give).



The **September Thank Offering** will go to benefit The Mountain Lion Backpack Program. The MLBP provides bags of food that feed an average of 1,000 Altoona area elementary school students every weekend during the school year.

Did you know Trinity Altoona has a **YouTube Channel**? Now you can watch our archived worship services and sermons anytime, on your computers, smartphones, tablets and smart TVs. [Subscribe to Trinity's YouTube channel today :\)](#)

Our regular weekly activities include the Sewing Group (Mondays 10AM-2PM), Adult Bible Study (Tuesdays 9-10AM), the Healthy You Program (Tuesdays and Fridays 10-11AM), the Prayer Breakfast group (Thursdays 9-10AM) and Sunday School (returns this Sunday at 9:30AM).

Summer, Fall, Winter and Spring. Faith, fun and fellowship are always in season at Trinity Altoona :)



**PULSE PIC OF THE WEEK: I'M FLOORED!**

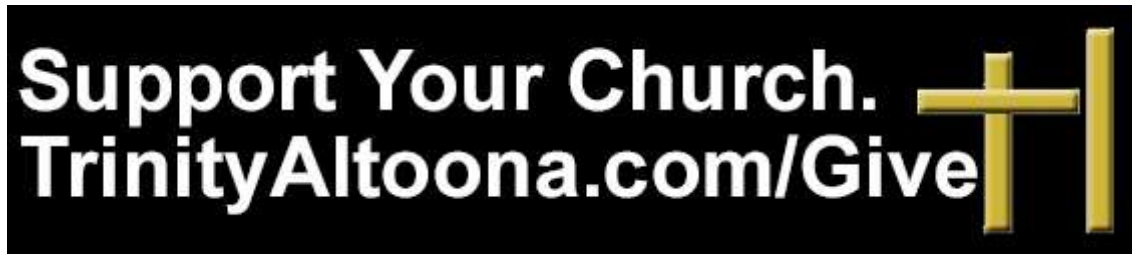


*If you see Linda Hoover or Lester Bennett today, ask them why they're sitting on the floor. Photo courtesy Sharon Kutz.*

## HELP WANTED!

We continue to strive to make **The Pulse** bigger and better than ever before...but we can't do it without you!

Email your articles and photos (including who, what and where info for each photo) to [thepulse@trinityaltoona.com](mailto:thepulse@trinityaltoona.com). Be sure to include your phone number in case we have any questions. Thanks!



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