



Wednesday 23 November 2022 Edition

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Submission Deadline: Sundays 12:00 Noon

Worship With Us: Saturdays 6:30PM, Sundays 8:15AM & 10:45AM

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Now you can get your recommended daily allowance of Pastor Eli seven days a week! Join her in church Saturdays and Sundays and catch her online Monday thru Friday. Introducing "Out to Pastor," an uplifting new series available now on YouTube. [Visit our YouTube channel to subscribe!](#)

COME WORSHIP WITH US THIS WEEKEND

Masks are optional at Trinity Altoona but if you are more comfortable masking up, please feel free to do so. You may also continue to spread out and socially distance during worship services.

Note that the offering plate is on the table at the rear of the sanctuary, there is no passing of the peace and the continuous communion format remains in place.

Please support your church by mail, dropbox or online at TrinityAltoona.com/Give.



The Stewardship Committee has **designated the November Thank Offering be used to help support The Caring Cupboard, Trinity Altoona's neighborhood food pantry.** Donations of canned goods and non-perishable items go a long way to helping our neighbors in need during these challenging economic times.

Christmas is a month away but will be here before we know it. Trinity Altoona once again purchased 3 live trees for our sanctuary. **We picked up the trees yesterday and will set them up this Saturday morning November 26 at 10AM.** Please come help decorate, enjoy some fellowship and make our church look festive for the Christmas season!

Trinity's **Worship and Music committee is bringing back the popular Coffee and Cookies Fellowship following each worship service during Advent.** It begins this weekend and runs through December 17-18. We're looking for cookie donations and volunteers to help at each service. Cookies can be homemade or store bought, in fact all sugary treats are great! Please see Debbie Garritano at church or call 814-944-5706 if you're able to help.

It's almost time for hand chimes! **Trinity Altoona will be holding 3 services on Christmas Eve (5 PM, 7PM and 10 PM) and the Hand Chime Choir will be playing at the 5 and 7 PM services.** Rehearsals begin Sunday November 27 and new members are always welcomed. No experience is required and you don't have to be able to read music. For more info, please call John Ebersole at 814-946-8612.

Speaking of holiday music, Trinity's annual **Family Choir Event is coming Sunday December 4 during the 10:45AM worship service.** Rehearsal will be held on Sunday

November 27 at 11:45AM. An Advent anthem will be prepared that day to be performed the following Sunday. Rehearsals for our Christmas Eve Choir begin at the same time and continue on December 11 and 18. If you'd like to sing for Christmas Eve (5PM, 7PM or both services), please join us at rehearsal starting Sunday December 4.

Your church still needs you in '22! **Consider serving as a lector, usher or Altar Guild member.** We will train you for the position of your choice. **We're also looking for volunteers to join our various church committees**, including Christian Education, Evangelism & Fellowship, Finance, Personnel, Property, Social Ministry, Stewardship and Worship & Music. It's a great opportunity to serve your church AND your community. If you're willing to help, please reach out to Pastor Eli or call the church office at 814-943-3972.

Did you know Trinity Altoona has a **YouTube Channel**? Now you can watch our archived worship services and sermons anytime, on your computers, smartphones, tablets and smart TVs. [Subscribe to Trinity's YouTube channel today :\)](#)

Our regular weekly activities include the Sewing Group (Mondays 10AM-2PM), Adult Bible Study (Tuesdays 9-10AM, we're studying the Book of Psalms), the Healthy You Program (Tuesdays and Fridays 10-11AM), the Prayer Breakfast group (Thursdays 9-10AM) and Sunday School (9:30AM).

Fall, Winter, Spring and Summer. Faith, fun and fellowship are always in season at Trinity Altoona :)

PULSE PICS OF THE WEEK: FUN AND FELLOWSHIP

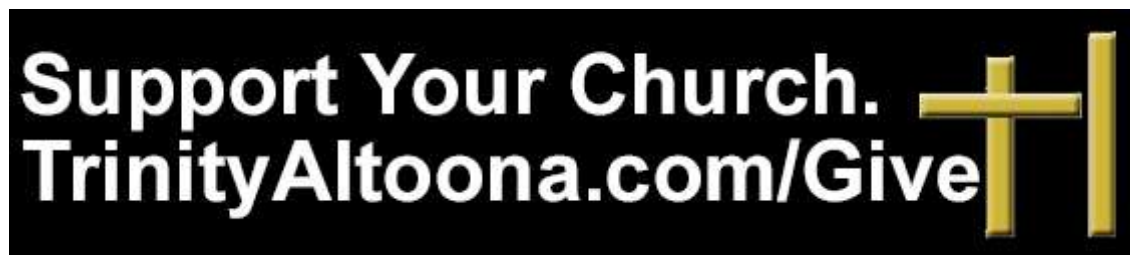


Top photo: the Social Ministry Committee and Healthy You exercise group teamed up to sort donations for last Saturday's free clothing giveaway. Bottom photo: St. Andrew's pre-K to 3rd grade class got an early start on the holidays by decorating a Christmas tree. Photos courtesy Sharon Kutz and Angela Counterman.

HELP WANTED!

We are always working to make **The Pulse** bigger and better than ever, but we can't do it without your help.

Email your articles and photos (including who, what and where info for each photo) to thepulse@trinityaltoona.com. Be sure to include your phone number in case we have any questions. Thanks!



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