



**Wednesday 14 December 2022 Edition**

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**Submission Deadline: Sundays 12:00 Noon**

**Worship With Us: Saturdays 6:30PM, Sundays 8:15AM & 10:45AM**

**Can't Make It To Church? [Please Give Online](#) (Endorsed by the [ELCA](#))**



Now you can get your recommended daily allowance of Pastor Eli seven days a week! Join her in church Saturdays and Sundays and catch her online Monday thru Friday. Introducing "Out to Pastor," an uplifting new series available now on YouTube. [Visit our YouTube channel to subscribe!](#)

### **COME WORSHIP AT TRINITY THIS WEEKEND**

We invite you to join us at one of our three convenient worship services this weekend: Saturday at 6:30PM, Sunday at 8:15 AM or Sunday at 10:45AM.

Please note the offering plate is on the table at the rear of the sanctuary, there is no passing of the peace and the continuous communion format remains in place.

Please support your church by mail, dropbox or online at [TrinityAltoona.com/Give](http://TrinityAltoona.com/Give).



Trinity's **Worship and Music committee** has brought back the popular **Coffee and Cookies Fellowship** following each worship service during Advent. It began the end of November and continues through this Sunday. We're looking for cookie donations and volunteers to help at each service. Cookies can be homemade or store bought, in fact all sugary treats are great! Please call Debbie Garritano at 814-944-5706 if you're able to help this final weekend.



Christmas is just 11 days away and we invite you to share the joy of the season with us! **Trinity Altoona will be holding 3 candlelight services on Christmas Eve (5 PM, 7PM and 10 PM) and our traditional pajama-friendly service at 9AM Christmas Day.** Come share the joy of Christmas at Trinity!

Your church needs you in '22 and beyond! **Consider serving as a lector, usher or Altar Guild member.** We will train you for the position of your choice. **We're also looking for volunteers to join our various church committees,** including Christian

Education, Evangelism & Fellowship, Finance, Personnel, Property, Social Ministry, Stewardship and Worship & Music. It's a great opportunity to serve your church AND your community. If you're willing to help, please reach out to Pastor Eli or call the church office at 814-943-3972.

Did you know Trinity Altoona has a **YouTube Channel**? Now you can watch our daily **Out to Pastor** series (plus archived worship services and sermons) anytime on your computers, smartphones, tablets and smart TVs. [Subscribe to Trinity's YouTube channel today :\)](#)

Our regular weekly activities include the Sewing Group (Mondays 10AM-2PM), Adult Bible Study (Tuesdays 9-10AM, we're studying the Book of Psalms), the Healthy You Program (Tuesdays and Fridays 10-11AM), the Prayer Breakfast group (Thursdays 9-10AM) and Sunday School (9:30AM).

Fall, Winter, Spring and Summer. Faith, fun and fellowship are always in season at Trinity Altoona :)

#### **PULSE PIC OF THE WEEK: PRACTICE MAKES PERFECT**



*Trinity's youth rehearsed this past weekend for their upcoming Christmas Pageant.*

*Photo courtesy Angela Counterman.*

#### **HELP WANTED!**

We are always working to make **The Pulse** bigger and better than ever, but we can't do

it without your help.

Email your articles and photos (including who, what and where info for each photo) to [thepulse@trinityaltoona.com](mailto:thepulse@trinityaltoona.com). Be sure to include your phone number in case we have any questions. Thanks!



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