

The Orbit

THE MONTHLY NEWSLETTER OF
TRINITY EVANGELICAL LUTHERAN CHURCH
ALTOONA PA
TrinityAltoona.com | Facebook.com/TrinityAltoona



February 2023

Julian the Hospitaller, feast day February 12th. The facts about Julian are few he has no shrine, no date and no known country of origin. His popularity stems from the story first found in the 13th century, written by Vincent de Beauvais and immortalized in Jacobus de Voragine's Golden Legend."

The Wordsworth Dictionary of Saints



From the Pastor:

Usually when we think about saint days in February we think of Valentines day on February 14th. Valentines day traditionally is about love, couples and pledging commitment to each other. It is one of the most popular days to get engaged. Yet, there are many people who do not celebrate Valentines day because they are not in a relationship, and they think it's not for them. However, Julian is a February saint that we can all celebrate. He epitomizes life as a Christian. Most of us are like Julian, not much is known about us by the world, we are not famous, there are many who do not know where we are from or when we were born. We don't even have a saint day sot to speak. We are nobody's to the outside world, just like Julian. The most important thing Julian has going for him is that he is a child of God and a Christian. That is the best thing we have going for us as well. We are far from nobodies, we are God's beloved. We all have important contributions to make to this world simply by being followers of Christ. That is our legacy, that we are disciples of Christ. So if you don't have that someone special to celebrate with on the 14th, remember to celebrate on the 12th that you are a child of God and that is the most special, precious relationship we can or ever will have. So don't feel like a nobody, remember Julian and his love for God and God's love for us.

Peace,



Trinity President

FROM THE COUNCIL PRESIDENT

I would like to thank the congregation for their response to the November Thank offering. During November, a total of \$550.00 was collected to restock the Caring Cupboard. To me, this indicates that our creed of “Love God, Love Others” is much more than mere words. It shows that Trinity puts faith into action.

The delay in receiving the offering envelopes for 2023 has been an inconvenience, but you have continued to contribute so that Trinity can sustain its’ ministries. Council will inquire as to whether this was a one time “supply chain” issue or if Trinity needs to explore alternative vendors.

Repairs will soon begin on the wall damage in the basement between the kitchen and Primary Room. Hopefully, our water problem is a thing of the past.

Christmas services were well attended. Three worship opportunities on Christmas Eve and another on Christmas Day shows that the joy of Christ’s birth is alive and well.

2023 is off to a great start. I thank all of you for continuing to allow your faith to grow and helping Trinity to not only SURVIVE, but THRIVE.

Yours in Christ
John Ebersole



Trinity Council Minutes December 2022

Attendance

Present

Pastor Eli
John Ebersole 2025
Geri Selfridge 2023
Debbie Garritano 2025
Lisa Bush 2024
Adam Counterman 2025
Barb Gosnell 2023

Judy Hale 2024
Lori Matta-Rhode 2024
Ken Myers 2023
Chris Thompson 2025
Nevin Woodring 2024

Absent

Ralph Grove

Jim Buchanan 2025

Greetings/Devotions

The meeting was called to order by President, John Ebersole
Pastor led us in prayer.

Minutes from last meeting.

Minutes from the November meeting were read. Judy made a motion to accept the minutes. Geri seconded the motion. Motion passed.

Treasurer's Report

None available for this meeting.

Pastor Hess' Report

Pastor's report was presented verbally. She said that everything is ready for Christmas Eve and Christmas Day. The Children's Christmas Pageant was great and all youth who participated were wonderful. She is visiting shut ins and Kathryn Snively passed and she will have her funeral. Judy made a motion to approve Pastor's report. Lisa seconded. Motion passed.

Committee Reports

Worship and Music – the Sunderman Concert was wonderful. There were about 50 in attendance. The Wop-sonnock Winds and Cindy's students did a great performance. Thanks to Vicki Knisely and her crew for refreshments following the performance.

January 7, 2023, at 10:00 a.m. we will be undecorating the church. We need everyone's help.

The coffee/cookie hour went well and we had a lot of donations and help. Next meeting is January 10, 2023.

Christian Education – John was pleased that so many youth participated in the Christmas Pageant. The potential for Sunday School is there.

Stewardship – John reported that \$555.00 was collected in the November Thank Offering for the Caring Cupboard. We will set a time to go shopping for food.

Old Business

Resolution with Gas Company – John reported that the papers have been notarized and sent. We will then receive a check. Attorney Foor did not request any payment for his services. We did pay a retaining fee at the beginning of this process but no other monies were spent.

Air Conditioning in Sanctuary – no other bids have been received. We will discuss further at next meeting.

Inspection of Building – John has not heard back from Tom Levine. He will set up a time for Andy Arnold from Gwin Dobson and Foreman to come in after the holidays.



Trinity Council Minutes cont. December 2023

Inspection of Building – John has not heard back from Tom Levine. He will set up a time for Andy Arnold from Gwin Dobson and Foreman to come in after the holidays.

New Business

Envelope update – the envelopes were ordered in June. The company says they are backordered. In the meantime, use the white envelopes in the pew. Please put your name or number on the envelopes.

Endowment Fund – Marianne Brock will attend the February meeting to update us on the Endowment.

Election of Officers – following a ballot election the new officers will be:

President – John Ebersole

Vice President – Geri Selfridge

Secretary – Debbie Garritano

Chris made a motion to adjourn the meeting. Barb seconded. Motion passed.

The meeting was then adjourned.

We closed with the Lord's Prayer.

Respectfully submitted,

Debbie Garritano

Next meeting: January 24, 2023 at 7:00 p.m.



Trinity Worship and Music

**Worship and Music
January 10, 2023**

Pastor Eli, Debbie Garritano, Cindy Finnegan, John Ebersole, Patty Edavane

Upcoming dates:

January

February

5 – Jim Fogle will assist with the 10:45 service

22 – Ash Wednesday, services at 12:00 noon and 6:30 p.m.

Wednesday services throughout Lent will be at noon and 6:30 p.m.

Service

Christmas services went well. There was not enough time between the 5:00 and 7:00 service to fill candles. May think about changing times to 4:30 and 7:00. The 5:00 and 7:00 services were well attended. 10:00 attendance was low. Could be weather was a factor with the low temperatures.

Pastor's idea for Lent services is daily devotions.

Flowers

Judy no report

Music

Cindy

Cindy said rehearsals are going well for the choir. She plans to have the choir sing at the two services at Easter and John will have hand chimes at both.

Altar

Debbie has ordered the palms for Palm Sunday. She ordered 3 bundles of 100 palms. She will get sponsors for the palms.

Next meeting: February 14, 2023, at 11:00 a.m.



Trinity Stewardship Committee

FROM THE STEWARDSHIP COMMITTEE

The November Thank offering to restock the Caring Cupboard raised \$550.00 for that purpose. Many thanks to everyone who helped with this worthwhile cause. The committee is exploring possibilities for the February offering. This offering will benefit a project at Trinity (the Caring Cupboard offering was to help the community as a whole). Stay tuned to the Pulse and the bulletin for more information. If anyone has any ideas for future beneficiaries of the quarterly Thank Offering, please share it with one of the committee Members listed below.

Judy Hale
John Ebersole

Adam Counterman

Debbie Garritano

Chris Thompson



Trinity Easter for Eli

EASTER FOR ELI

Social Ministry and Healthy You will be collecting items for this important ministry from Trinity Lutheran Church this year. As you probably recall we have done this for several pre-pandemic years.

Eli Garrett was a 3 year old boy who lost his courageous and long battle with Non-Hodgkins T-Cell lymphoma just 10 days before his 4th birthday. In his memory his family started Easter for Eli collecting baskets to be delivered to children who are hospitalized over the Easter Holiday. The last update I heard of was that 54 hospitals and Ronald McDonald Houses have received these baskets, giving many kids a reason to smile. Over the past **8** years 60,000 baskets and \$58,000 have been donated. This year's goal is 10,000 baskets!!

Since we were so blessed with your generous gifts, as always, it was kind of an overwhelming undertaking, we will be trying something different this year. We ask that if possible, you make a (or more) basket(s) from the list that is on the page by itself, included with this letter. Be sure to mark boy/girl and age on your covering. Of course, if you can involve your family and friends in making some we will be more than grateful. If you aren't able to make them yourself that's fine, just send items in and we will assemble them. We need to have them done and ready by the end of February. You may start bringing them in asap. If you have any questions call Linda Hoover or any member of Social Ministry and Healthy You.

THANK YOU!!



The Orbit

Trinity Easter for Eli

56 Non-Candy EASTER BASKET IDEAS

Babies

Teether
Pacifier
Board Book
Wooden Egg

Stuffed Animal
Blanket
Egg Shaker
Onesie

Children Age 7-10

Mad Libs
Putty
Art Set
Book

Sunglasses
Chapstick
Lego
Butterfly Growing Kit

Toddlers

Sensory Balls
Umbrella
Board Book
Bubbles

Music Shaker
Bath Toy
Finger Paints
Plush Toy

Pre-Teen

Poster
Lip Gloss
Hat
Keychain

Coloring Book
Stress balls
Fun Pens
Washi Tape

Children Age 3-5

Playdough
Magnifying Glass
Hair Bow
Spring Book

Sidewalk Chalk
Playsilks
Watercolors
Crayons

Teen

Candle
Blanket
Brain Game
Book

Starbucks Gift Card
Cool Room Light
Blue Tooth Speaker
Movie Tickets

Children Age 5-7

Toy Figures
Slime
Doll
Craft Kit

Microscope
Soccer Ball
Block Crayons
Coloring Book

naturalbeachliving.com

**Anyone that needs ideas
of non candy basket
items!!! Here is a basic
list!**



Trinity “Being Happy”

Being Happy

Happy people know the important aspects of life are family, friends and a healthy spiritual practice and/ or belief. Happy people draw others to them, making their “happy circle” even bigger and more fulfilling. Happiness does not mean that you have a better life than others - it means you accept the trials of the present and look forward to the future. ---Don’t expect or rely on others to be responsible for your happiness, YOU need to make things happen.--- The longer you feel sorry for yourself the deeper you get in depression. Didn’t say it was easy but remember that it is better to try and fail than do nothing and sit in misery. You are worth far more than that! Enjoy your mistakes, laugh about it, you earned the fun of screwing up.

Some tips for being happy are:

Keep things simple

Stop talking and listen, really listen

Smile – say hello

Keep yourself groomed, looking the best you possibly can every day

Do good for others, just a kind word or small act of kindness counts

Don’t gossip, we never really know what another person feels.

Happiness is a mixture of positive emotions and a state of well being. Try your best to be calm at all times Don’t allow small things to stress you out. Make an effort to pump up your mood, dance, relax, read, sing to yourself, anything you used to like to do that will enhance your mood. Watch something funny on TV, remember silly things you did as a kid or things your kids have done, share with someone sitting beside you.

Keep a journal, write at least one thing a day that made you smile or that you were grateful for. No matter how small you think it may be



Trinity “Being Happy” cont.

it's still a blessing to be thankful for, never write anything negative in your journal, keep it light. It really is easier than you think, didn't feel like eating today?? So ok, you have the ability to feed yourself when you do feel like eating. Can't walk without the walker?? You are able to stand, be thankful you aren't bedridden and can't even sit up. Can't hear so great? Hear what you think someone is saying and laugh at the difference when you both figure it out, not a big deal to get more than one story out of a conversation. Life is tough, no doubt about it, but there is always a positive blessing hiding among the turmoil when you let yourself think about it. If you can't see to write a journal that's ok too, don't just say I can't do that, take five or ten minutes before you crawl into bed with no sound but your own breathing and reflect back on your day. Do not worry about tomorrow, tomorrow takes care of itself. Set one positive goal for each day and be certain to accomplish it.

Laugh nothing really matters except:

Proverbs 3:5-6

5-Trust in the Lord with all your heart,
And do not rely on your own insight.
6-In all your ways acknowledge Him,
And He will make straight your paths.



“Forty Days With Jesus”

For Lent this year we will be doing a new Lenten meditation and offerings will go to “Operation Our Town”

Day	Read	Spiritual Practice and Giving Focus	My Offering
1.	John 1:1-18	Ash Wednesday: Spiritual Practice: CONFESSION. As we begin Lent, we remember that Jesus, the Word made flesh, was present in the beginning of time. Give .05 for every year you have lived.	
2.	John 1:19-51	You can confess your sin. And you can confess your faith. The spiritual practice of confession is about naming important things and realities in your life. Give .25 for each important person in your life.	
3.	Mark 1	Mark's Gospel begins with Jesus already being an adult. In Mark 1:24, a man who was possessed recognized that Jesus was God's Son. Give .25 for each person you know who wrestles a mental health issue.	
4.	Mark 2	Jesus professed that the Sabbath was made for humans, not vice versa. Sabbath is crucial for balance in life. Give .25 for each Sunday so far this calendar year that you have missed worship.	
5.	Mark 3	Many times people recognized the God-ness of Jesus, but Jesus told them to be silent—not to share the news of who he was. Give \$1 for each time you have missed an opportunity to talk about Jesus today.	
6.	John 2	The first-sign Jesus performed in John's Gospel happened at a wedding—turning water into wine. Jesus acted because his mother asked him to intervene. Give .50 for each time you fix a problem today.	
7.	John 3	Spiritual Practice: SABBATH One full day out of seven is to be set aside as different, a time of renewal, worshipping God, steeping your heart in God's love. Memorize John 3:16-17 and give .33.	
8.	John 4	The woman at the well asked Jesus and he gave her living water. Sabbath rest is living water. Give .25 for every glass of water you drink today and pray for those who have no clean drinking water.	
9.	John 5	Sabbath is meant to be a day of rest. Make a list of things you can do today that will enable you to fully rest on your Sabbath. If you didn't keep the Sabbath last week, give \$1.	
10.	Mark 4	Galatians 6:8 reminds us that we reap what we sow. Keeping Sabbath is a form of seed nurturing—times of rest and renewal allow the seeds of God's love to grow in our hearts. Give .25 for each item of food you eat today that grew from a seed. Plan your Sabbath experience for this week.	
11.	Mark 5	The woman was healed by touching the hem of Jesus' robe and healing power. If yesterday was your Sabbath observance, reflect on how you felt God's healing presence. Give .25 for each robe you own.	
12.	Mark 6	After lots of activity Jesus invites his disciples to come away to a quiet place and rest. How important is Sabbath rest to you? Will you commit to one full day each week? If so, give \$5 to honor that intention.	
13.	Mark 7	Spiritual Practice: FASTING Jesus says that it is not what goes into a person's mouth that defiles but what comes out. Fast from saying anything unloving today. Give \$1 for every time you slip.	
14.	John 6:1-40	Jesus fed thousands with only fish and bread. Fast today from any foods that are not a form of fish or bread. Give \$1 for each meal you eat today.	
15.	John 6:41-71	Jesus is the bread of life. Eat no bread or wheat products today. Memorize John 6:51. Give .35 for each Bible in your house.	
16.	Mark 8	In preparation for observing the Sabbath tomorrow, fast to the extent that you are willing today. Sabbath is a day of feasting and enjoyment of God's blessings. Give .70. Tell someone about Jesus today.	
17.	Mark 9	It is said that the spiritual practice of fasting turns up the volume of God's voice. Listen today for God's word to you. Fast from something that distracts you from listening to God. Give your neighbor a gift.	
18.	John 7	Believers in Jesus have rivers of living water flowing within them. Give .25 for each river or creek you cross today in your travels.	



“Forty Days With Jesus” cont.

Day	Read	Spiritual Practice and Giving Focus	My Offering
19.	John 8	Spiritual Practice: PRAYER John 8:47 “Whoever belongs to God hears what God says.” Practice prayer as listening to God. Sit for 20 minutes in God’s presence. Give what your heart recommends.	
20.	John 9	In your prayer time today, invite God to show you where you are blind and open your eyes. Give .25 for every pair of glasses you own.	
21.	John 10	Jesus calls himself the Good Shepherd. In your prayer time today, meditate on Psalm 23. Give .50 for every pair of wool socks you have.	
22.	John 11	Lazarus and his sisters were dear friends of Jesus. Lift up three friends in your prayer time before God today. Call or text each one to let them know they were prayed for. Give \$1 to honor each friend.	
23.	Mark 10	In your prayer time, answer this question of Jesus: “What do you want me to do for you?” Journal about this experience. Give .10 for each year you have lived as a baptized child of God.	
24.	Mark 11	“Whatever you ask for in prayer, believe that you have received it and it is yours.” Find this verse in your bible and underline it. Practice it. Ask for faith. Ask for grace. Ask to experience God’s love. Give generously.	
25.	John 12	Spiritual Practice: Bible Reading Read today with the Artist method: What speaks to your heart (draw heart), what new idea (draw lightbulb), what action (draw hand). Give .50 for each piece of art you own.	
26.	Mark 12	Focus on just one story in Mark 12. (vs. 13-17 or vs. 41-44) Read as a Detective: ask Who? What? When? Where? Ask Why? Apply study to own life. Give .75 for each new insight God’s spirit inspired today.	
27.	Mark 13	Read as a Treasure Seeker: Is there a promise for me, an example to follow, a command to obey, a sin to confess, a prayer to pray, a truth to apply? If you like figs, give \$1. If you don’t like figs, give \$2.	
28.	Mark 14:1-42	Learn from Jesus: Read today’s scripture with these questions: What is important to Jesus? What is Jesus inviting me to be and do? If you slept good last night, give .50. If you didn’t, give \$1.	
29.	John 13	Read John 13:1-17 a second time. See yourself with the disciples gathered for the foot washing. Imagine Jesus takes your feet in his hands and washes them. Journal the experience. Give .10 for each shoe you own.	
30.	John 14	Memorize John 14:27. Tape it on a mirror or refrigerator door. Reflect on how your words and actions can share God’s peace today. Explain how God’s peace is different from the world’s peace to someone. Give \$1.	
31.	John 15	Spiritual Practice: SIMPLICITY Jesus gives us the image of being connected to him like branches on a vine. Our deep connection to Jesus and one another brings us joy. Make a gratitude list. Give .10 for each entry.	
32.	John 16	Jesus promises his first disciples that his departure will eventually lead to their joy through the gift of the Holy Spirit. Ask God to help you see ways to simplify your life. Fast from dessert today and give that amount.	
33.	John 17	Jesus’ prayer was for his disciples to be kept from the world. Identify all the ways your life is negatively influenced by consumerism in our culture. Step away from one of those and give the amount you would have spent.	
34.	Mark 14:43-72	Even when betrayed and arrested, Jesus would not condone violence in his defense, healing the ear of the guard. Make every action today, little or big, one of love. Give \$1 for each time you counter unlove with love.	
35.	John 18	“I love Jesus and live my life filled with Jesus’ love”. Such a simple statement. So counter to Peter’s denial of ever knowing Jesus. Share that simple confession with three people today. Give \$3.	
36.	Mark 15	Simplicity requires action. Pare down your closet today. Give away your excess clothing. Recall the soldiers gambling for Jesus’ clothing. Give as you are led by the Spirit today.	
37.	John 19	Find a crucifix or a picture of Jesus on the cross. Fix your eyes on Jesus and study this life-giving action of the Christ. Today is not a day for giving—but receiving the gift of Jesus’ life-giving death for you.	
38.	Luke 22:7-23	Mauddy Thursday —join us for worship in person at noon or 7pm. Online at 7pm.	
39.	Luke 23	Good Friday —join us for worship in person at noon or 7pm. Online at 7pm.	
40.	Mark 16 John 20	Read after the Sun has set...the Resurrection stories!	



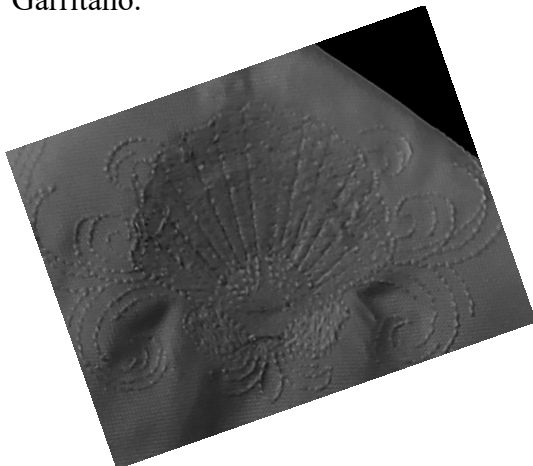
Trinity Baptism Banner

In 2002 Pastor Randall Marburger made a request for a banner to be used during baptism at Trinity. That project was taken on by Margaretta Perry, who at age 82 designed and made the banner which was to contain the words “Child of God” and a scallop shell.

The scallop shell is a symbol of pilgrimage, the journey a Christian makes through life and used as the symbol of rebirth. Baptism is considered a sacrament of initiation into the church. The scallop shell is also the symbol for the apostle James. The words convey that the child is forever in God’s care and protection.

In 2022 that original banner could no longer be used because it had deteriorated so it was time for a replacement. This time the banner would be made by Lois Gutshall, (on the right) Margaretta Perry’s 82 year old daughter. This new baptismal banner is presented in loving memory of Margaretta Perry and to the Glory of God. Lois also made baptismal napkins to be presented to each child at their baptism. (See Words for napkin.)

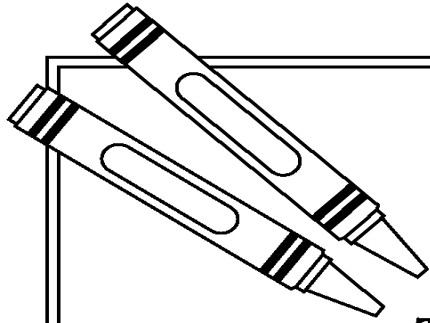
P.S. We are looking for a volunteer with an embroidery machine to help with this napkin project in the future. If you are interested please contact Lois Gutshall or Debbie Garritano.



Words for napkin

This napkin is a memento for the baptism of _____ who became a Child of God on _____. The scallop shell is a symbol of pilgrimage, the journey a Christian makes through life and used as the symbol of rebirth. The words convey that the child is forever in God’s care and protection.





Just for **KIDS**

The Bible Speaks of Love

The words found in 1 John 4:16 are important for everyone every day.

To find out what the verse says, find a word that fits each description and write the letters in the boxes. Next, write the letters on the lines below (use the numbers to match the letters to the correct lines). Read the verse.

A place to live

1	2	3	4	5

Opposite of dark

6	7	8	9	10

Companion

11	12	13	14	15	16

Hand greeting

17	18	19	20

Male adult

21	22	23



“ 8 2 16 13 4 6 2 19 5 .
17 9 2 5 19 5 12 6 7 19 5 4
13 15 6 2 19 20 6 7 19 14 4
13 15 8 2 16 , 18 15 16
8 2 16 13 23 1 7 21 .”

Answers: house; light; friend; wave; man; “God is love. Whoever lives in love lives in God, and God in him.”

Prayer List

Please keep the following people in your prayers ...

Trinity Members

Ted Baird	Garry Knee
Tyler Bennett	Jake Knisely
Ruth & Bob Brubaker	John Kutz
Church Health Team	Sharon Kutz
Church Council	Cheryl Luciano
Charon Clabaugh	Jessica McGraw
Don Corl	Ken B. Myers
Gary Crownover	Jaden Rhode
Sondra Deffibaugh	Fred Teigler
Jane Eamigh	Wilkins Family
Garner Family	Harry Yeager
Tom Hammond	Nancy Yeager
Kathy Hatch	
Kristina Henderson	
Bob Hofmann	
Doris Hollingshead	
Martha Jones	

Trinity's Homebound Members

Chris Burda	Sue Nycum
Clara Hite	Arlene Roessing
Shannon Kratzer	Leta Veit
Ken Kumpf	
Marie Laich	
Bill McLaughlin	
Bob Nearhoof	

Those Serving in the Armed Forces

Sarah Brown	Eric Sweet
Jason Buck	
Kyle Eberhart	
Nathan Frank	
Ryan Maguire	
Justin Patz	

Family Members and Friends

Joe Adams	Thomas Hamilton	Trudy Savine
Donnie Alwine	John Hancuff	Ronald Settle
Janet & Charlie Aungst	Ann Hanczaryk	Judy Shaffer
Scott Aungst	Katie Hanczaryk	Lynn Shaffer
Dan Baughman	David K. Harpster	Marilyn Shannon
Gloria Beatty	Donald Haslam	Sandy Sharieves
Behe Family	Tom Hatch	Gloria Shoup
Kris Bennett	Virginia Heidler	Lisa Smearman
Dana Beschler	Carmen Hopkins	Debbie Smith
Zayne Bowmaster	Samantha Januska	Dottie Stayer
Dee & Barry Bradfield	Nicki Kaltenbrunner	Sultage Jr. Family
Damain Branas	Carol King	Lisa Ta and son Elliott Ta
Joseph Brewer	Harper Ann Krause	
Christopher Buchanan	Cindy Lamont	Harry Taylor
Randy Carothers	Jan Lastaglia	Blair Umholtz
Sue Carter	Anaya Leity	Lillian Umholtz
Sue Casalviere	Steward Logan	Paul & Nina Wallis
Karen Claar	Frank Luciano	Jameson Joseph (JJ) Williamson
Tracee Cole	Christine Maines	Steve Wood
Theresa Cooney	Pete Mathieu	Tiquan Wright
Marissa Cooper	Linda Mardula	Cookie
Scott Corl	Ron Matta	Elsa
Randy Corneilius Family	McConnell Family	Natalie
Janie Coyne	McGilvery Family	Baby Jerimiah
Lisa Dalansky	Brandon McGraw	Baby Gwen
Jim Deffibaugh	Bill & Penny Murphy	In spoken request "M"
Jorden DeFrancisco	Sharon Myers	
Ken Eichenlaub	Wyatt Nite	
Ian Esper	Zach Noel	
Phil Esper	Tammy Otto	
Allen Everhart	Craig Parks	
Skyler Franell	Dennis Paulsen	
Misty Franell	Frances Pringle	
John Fresh	Lorenzo Recchia	
Haley Gehret	Vicki Rhinehart	
Pat Griffith	Carl Ruckinger	
	Michael Ruckinger	



Please know that you can add someone to our prayer list at any time by calling the church office (943-3972). If it is appropriate to remove someone from the prayer list, again, please inform the church office. Names of family and friends will remain on the prayer list for two weeks. You can keep someone's name on the list by calling the church office and giving us a brief update so that we can continue to effectively pray for your loved one.



The Orbit

February 2023

Non-Profit
Organization
U.S. Postage
PAID
Altoona, PA
Permit 56
Permit 56

Trinity Evangelical Lutheran Church
408 North Sixth Street, Juniata
Altoona, PA 16601
Phone: (814) 943-3972
Fax: (814) 946-7001
Email office@trinityaltoona.com



RETURN SERVICE REQUESTED

Visit us online at TrinityAltoona.com and facebook.com/TrinityAltoona

Lectionary Readings for the Month of February

Feb 5

Isaiah 58:1-9a [9b-12]
Psalm 112:1-9 [10]
1 Corinthians 2:1-12 [13-16]
Matthew 5:13-20

Feb 12

Deuteronomy 30:15-20
Psalm 119:1-8
1 Corinthians 3:1-9
Matthew 5:21-37

Feb 19

Exodus 24:12-18
Psalm 2
2 Peter 1:16-21
Matthew 17:1-9

Feb 26

Genesis 2:15-17; 3:1-7
Psalm 32
Romans 5:12-19
Matthew 4:1-11

In the Orbit This Month:

From the Pastor	1
Trinity President	2
Trinity December Council	3
Trinity Worship and Music	5
Trinity Stewardship Committee	6
Trinity Easter for Eli	7
Trinity "Being Happy"	9
Forty Days with Jesus	11
Baptism Banner	13
Just for Kids	14
Prayer List	15

Also worth mentioning...

The next Orbit Deadline is February 24th

Please get your article to the newsletter in one of the following ways:

- Email your article to:
office@trinityaltoona.com
Dknee6@gmail.com
- Drop your article in the Orbit mailbox inside the Christian Education office.

Please remember:

- All articles will be included as long as space permits.
- Articles will be edited for grammar and/or clarity where needed.
- Any article turned in after the deadline will be included in the next month's Orbit.

Thank You!