



Wednesday 3 May 2023 Edition

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Submission Deadline: Sundays 12:00 Noon

Worship With Us: Saturdays 6:30PM, Sundays 8:15AM & 10:45AM

Can't Make It To Church? [Please Give Online](#) (Endorsed by the [ELCA](#))



Now you can get your recommended daily allowance of Pastor Eli seven days a week! Join her in church Saturdays and Sundays and catch her online Monday thru Friday. Introducing "Out to Pastor," an uplifting short-form series available now on YouTube. [Visit our YouTube channel to subscribe!](#)

COME WORSHIP AT TRINITY THIS WEEKEND

We invite you to join us at one of our three convenient worship services this weekend: Saturday at 6:30PM, Sunday at 8:15AM or Sunday at 10:45AM.

Please note the offering plate is on the table at the rear of the sanctuary, there is no passing of the peace and the continuous communion format remains in place.

Please support your church by mail, dropbox or online at TrinityAltoona.com/Give.



Our daily YouTube series **Out to Pastor** is on hiatus for spring break. You can watch all 110 episodes anytime and stay tuned for new ones starting Monday May 15.

Spring is here and it's the time of year we can clean out our closets and help our community at the same time. **Trinity's Social Ministry committee and Healthy You group are teaming up for a Clothing Giveaway, Saturday May 13 from 9AM to 2PM in Trinity Hall.** We still have a lot of clothing left from our previous giveaway last November, all thanks to our generous congregation. At this time there is a special need for gently worn clothing for infants, children and teens. Please place your donations on the tables against the wall in Trinity Hall. Thanks in advance for your help!

Oops! In our *Good News* segment last week, we inadvertently forgot to mention two other members of the Trinity family who participated in the Altoona Area High School production of "42nd Street." **Kudos to Christina Dicus and J.J. Steinbugl** and thanks to Sharon Kutz for the correction.

Your church needs thee in 2023! **Consider serving as a lector, usher or Altar Guild member.** We will train you for the position of your choice. **We're also looking for volunteers to join our various church committees**, including Christian Education, Evangelism & Fellowship, Finance, Personnel, Property, Social Ministry, Stewardship and Worship & Music. It's a great opportunity to serve your church AND your community. If you're willing to help, please reach out to Pastor Eli or call the church office at 814-943-3972.

Did you know Trinity Altoona has a **YouTube Channel**? Now you can watch our daily **Out to Pastor** series (plus archived worship services and sermons) anytime on your computers, smartphones, tablets and smart TVs. [Subscribe to Trinity's YouTube channel](#)

[today :\)](#)

Our regular weekly activities include the Sewing Group (Mondays 10AM-2PM), Adult Bible Study (Tuesdays 9-10AM), the Healthy You Program (Tuesdays and Fridays 10-11AM), the Prayer Breakfast group (Thursdays 9-10AM) and Sunday School (9:30AM).

Spring, Summer, Fall and Winter. Faith, fun and fellowship are always in season at Trinity Altoona :)

PULSE PIC OF THE WEEK: HAPPY BIRTHDAY PASTOR!



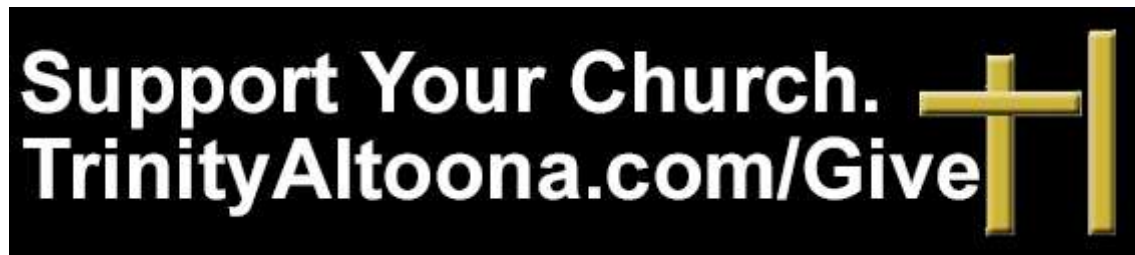
The Social Ministry Committee and Healthy You Group serenaded Pastor Eli for her birthday last week. Photo courtesy Sharon Kutz.

HELP WANTED!

We are working to make **The Pulse** bigger and stronger than ever in 2023, but we can't do it without your help.

Email your articles and photos (including who, what and where info for each photo) to thepulse@trinityaltoona.com. Be sure to include your phone number in case we have any questions.

We'd also like to share good news from our Trinity family, such as births, birthdays, graduations, engagements, weddings, anniversaries, job changes, pets, promotions, retirements, travels etc. *The Pulse* is Trinity and you are the pulse!



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