July 2023

"Our God, you bless everyone whose sins you forgive and wipe away. You bless them by saying 'You told me your sins, without trying to hide them, and now I forgive you'. Before I confessed my sins, my bones felt limp, and I groaned all day long. Night and day your hand weighed heavily on me and my strength was gone as in the summer heat. So I confessed my sins and told them all to you. I said, 'I'll tell the Lord each one of my sins'. Then you forgave me and took away my guilt." We worship you, Lord, and we should always pray whenever we find out that we have sinned."

Psalm 32: 1-6



From the Pastor:

As a pastor I am often asked how people can reduce their stress level, how they can get rid of anxiety in their lives? The answer in part, can be found in our Psalm. One thing that we can do is confess our sins. As Lutherans we tend to shy away from individual confession as something that the Catholics do. However, there is peace that can be found in our confession, Not only the peace that comes with the promise of God's forgiveness, but the peace that comes from getting our sins "off our chests". Our psalmist points out something that we sometimes forget in our daily lives. Confession of sins daily is important for our spiritual life. We have God's assurance that our sins are forgiven, so why wouldn't we want to get rid of them in our hearts and minds as well. Once we confess our sins, we are called to allow God's forgiveness into our hearts. So if we are irritable, restless, or discontent perhaps we need to lessen the weight on our shoulders and confess our shortcomings and allow God to forgive and heal our hearts.

Peace.



Trinity Council President

FROM THE COUNCIL PRESIDENT

As I write this, the summer solstice has just passed. From this point until December 21, the days will become progressively shorter.

Just because the school year has ended does not mean that Trinity is on vacation. Church activities are ongoing all year round. Just a few examples are Vacation Bible School, which begins July 29 and Trinity's picnic to be held at Legion Park in Hollidaysburg on August 27. Volunteers are needed for both. If you can help with Vacation Bible School, even if only for one evening between July 29 and August 3 it will be appreciated. The theme for this year involves super heroes. You can be one by offering your assistance.

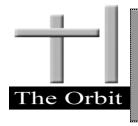
The picnic committee will meet on July 16, immediately following the 10:45 service. Again, ANY help is appreciated. Having a successful picnic takes time and effort. Please consider assisting.

On a different note, two young people took a step on their faith journey on June 11 by affirming their Baptism through the rite of Confirmation. I'm old-fashioned (big surprise there), but I love the term Affirmation of Baptism instead of just saying "Confirmation". Affirmation is defined as "asserting that something is so." Rylee Marie Bush and Ryanne Elaine Resig have taken this step to uphold vows that sponsors made for them at their Baptisms. I had the honor and privilege of serving as one of their instructors for this affirmation. I stressed (probably too often for their liking) that this was not an end point, but just one step on their faith journey.

All of us should affirm our own Baptisms. Let's do so by helping at Trinity and living as God's people in our daily lives.

Amen (So let it be)

John Ebersole



Trinity Worship and Music Committee

SOCIAL MINISTRY/ HEALTHY YOU

The Committees recently sent out 25 "Thinking of you" cards. They were addressed to members who have been "absent" for a while and some shut-ins.

We consider each member a "Child of God' and communication is a vital part of our church. If you know of anyone that would welcome a card, please call the church office, drop a note into the collection plate, or contact me or Linda Hoover.

Sharon Kutz

GOD BLESS



Trinity Council Minutes May 2023

Trinity Lutheran Church Council Minutes of May 23, 2023 Debbie Garritano, Secretary

Attendance Present Pastor Eli John Ebersole 2025

Absent

Geri Selfridge 2023

Debbie Garritano 2025 Lisa Bush 2024

Adam Counterman 2025

Barb Gosnell 2023 Ralph Grove Judy Hale 2024 Lori Matta-Rhode 2024 Ken Myers 2023 Chris Thompson 2025 Nevin Woodring 2024

Jim Buchanan 2025

Greetings/Devotions

The meeting was called to order by Presiden, John Ebersole

Pastor led us in prayer.

Minutes from last meeting.

Minutes from the April meeting were read. Ken made a motion to accept the minutes. Judy seconded the motion. Motion passed.

Treasurer's Report

Ralph reported that all is up to date. He reported that the insurance carrier through Gingrich is changing. We can go with Cincinatti at \$13,583.00 or Goodville Mutual Casualty Company at \$8,656.00. We discussed adding collision at an extra of \$167.00. Goodville includes collision. Judy made a motion to go with Goodville and maintain the policy including collision. Barb seconded the motion. Motion passed. Ralph asked about the applications for Camp Sequanota. Pastor sent out three and is waiting for them to be returned. Ralph needs a hard copy to follow up with the Cook Fund.

Pastor Hess' Report

Pastor's report was presented as written. We have had three baptisms this month: Everyleigh McConnell, Dawson Ainsworth, and Isla Noel. She had one funeral. Pastor has made hospice visits, hospital visits, 3 prewedding meetings, and 2 IDA meetings. Worship, Adult Sunday School, and Bible Study are going well. Ken made a motion to accept Pastor's report. Judy seconded the motion. Motion passed. Committee Reports

Worship and Music – Debbie apologized for sending the last months report.

Stewardship – The committee decided that the June Thank Offering will go toward the balance of the air conditioning.



Trinity Council Minutes May 2023

Old Business

Air conditioning – Barb asked how much more is needed for the air conditioning. We need about \$2,000.00 more. This doesn't include the maintenance agreement. Pastor will talk with them about the cost.

Offering Envelopes - Envelopes have been ordered.

Church Picnic – August 27, 2023, will be the church picnic. 11:00 a.m. at the Hollidaysburg Legion Park. We're still looking for people to help..

Confirmation Gifts – The Bibles are here for the confirmands. Lisa Bush is getting a cake for the reception following the service.

Handicapped parking sign for 6 th Street – We will not request a handicap sign for the 6 th Street side. New Business

Repair of Knob and Tube wiring – Brent Cogan is coming on Thursday to inspect the wiring. Secretary – Judy asked when the Secretary would begin working more hours. Pastor said she is discussing the situation with her.

Hand Railing – It was reported that the 6th Street hand railing is loose. Pastor has someone to come to repair it on Saturday.

Barb made a motion to adjourn the meeting. Lori seconded. Motion passed. The meeting was then adjourned.

We closed with the Lord's Prayer.

Respectfully submitted, Debbie Garritano

Next meeting: June 27, 2023 at 7:00 p.m.



Trinity Vacation Bible School



Here are some of the items we will need for snacks Check for a sign up sheet in July.

Chocolate Pudding Vanilla Pudding Gummy Worms Oreo Cookies Pretzel Sticks Goldfish (multicolored)



Raisins Mini Marshmallows M&M's Chocolate Chips Cheerios

Grapes Strawberries Blueberries Cantaloupe



Small Plates Cups Napkins

Prayer List

Please keep the following people in your prayers ...

Trinity Members

Family Members and Friends

Ted Baird Tyler Bennett Ruth & Bob Brubaker William Burda Church Health Team Church Council Charon Clabaugh Elaine Conrad Don Corl **Gary Crownover** Sondra Deffibaugh Jane Eamigh Allen Everhart Garner Family Tom Hammond Kathy Hatch

Kristina Henderson

Chris Burda

Shannon Kratzer

Clara Hite

Ken Kumpf

Marie Laich

Bill McLauglin

Bob Hofmann Doris Hollingshead Martha Jones Garry Knee Jake Kniselv Sharon Kutz Cheryl Luciano Jessica McGraw Ken B. Myers Myers Family Jaden Rhode Lisa Smearman Sis Stenger Fred Teigler Wilkins Family Harry Yeager Nancy Yeager

Joe Adams Donnie Alwine Janet & Charlie Aungst Scott Aungst **ALB KCB** Dan Baughman Gloria Beatty Behe Family Robin Behe Kris Bennett Dana Beschler Yvonne Bickle Zayne Bowmaster Dee & Barry Bradfield

Damain Branas Joseph Brewer Terry Brown Christopher Buchanan Randy Carothers Sue Carter Sue Casalviere Karen Claar Tracee Cole Theresa Cooney Marissa Cooper Scott Corl

Randy Corneilius Family Janie Coyne William Culp Lisa Dalansky Tom DeAngelo Jim Deffibaugh Jorden DeFrancisco **Ethel Donley** Ken Eichenlaub Ian Esper

Phil Esper

Paula Ford

Skyler Franell Misty Franell Haley Gehret Pat Griffith Thomas Hamilton John Hancuff Ann Hanczaryk Katie Hanczaryk David K. Harpster Donald Haslam Tom Hatch Virginia Heidler Karli Hey Samantha Januska Nicki Kaltenbrunner Carol King Harper Ann Krause Cindy Lamont Jan Lastaglia Heather Leader Anaya Leity Steward Logan Frank Luciano **BPM Christine Maines** Linda Mardula Steve Mardula, Sr Ron Matta McConnell Family McGilvery Family Brandon McGraw Tom Morning Bill & Penny Murphy Debbie Musante Sharon Myers Wyatt Nite

Zach Noel

Tammy Otto

Dennis Paulsen

Frances Pringle

Lorenzo Recchia Carl Ruckinger Michael Ruckinger Jeanne Rutherford Trudy Savine Ronald Settle Daryl Seymore Judy Shaffer Lynn Shaffer Marilyn Shannon Sandy Sharieves Gloria Shoup Debbie Smith Dottie Stayer Sultage Jr. Family Lisa Ta and son Elliott Та Harry Taylor Paul & Nina Wallis Jameson Joseph (JJ) Williamson Steve Wood

Cookie Elsa Jessie Juni Natalie Baby Jerimiah Baby Gwen

Tiquan Wright

In spoken request "M"

Those Serving in the Armed Forces

Trinity's Homebound Members

Sarah Brown Jason Buck Kyle Eberhart Nathan Frank

Ryan Maguire Justin Patz Eric Sweet

Bob Nearhoof

Arlene Roessing

Sue Nycum

Leta Veit



Please know that you can add someone to our prayer list at any time by calling the church office (943-3972). If it is appropriate to remove someone from the prayer list, again, please inform the church office. Names of family and friends will remain on the prayer list for two weeks. You can keep someone's name on the list by calling the church office and giving us a brief update so that we can continue to effectively pray for your loved one.



July 2023

Trinity Evangelical Lutheran Church 408 North Sixth Street, Juniata Altoona, PA 16601

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Email office@trinityaltoona.com



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Lectionary Readings for the Month of July

July 2

Jeremiah 28:5-9 Psalm 89:1-4, 15-18 Romans 6:12-23 Matthew 10:40-42

July 9

Zechariah 9:9-12 Psalm 145:8-14 Romans 7:15-25a Matthew 11:16-19, 25-30

July 16

Isaiah 55:10-13 Psalm 65:[1-8] 9-13 Romans 8:1-11 Matthew 13:1-9, 18-23

July 23

Isaiah 44:6-8 Psalm 86:11-17 Romans 8:12-25 Matthew 13:24-30, 36-43

July 30

1 Kings 3:5-12 Psalm 119:129-136 Romans 8:26-39 Matthew 13:31-33, 44-52

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Trinity VBS	6
Trinity Prayer List	7

Also worth mentioning...

The next Orbit Deadline is July 24th

Please get your article to the newsletter in one of the following ways:

• Email your article to:

office@trinityaltoona.com dknee6@gmail.com

 Drop your article in the Orbit mailbox inside the Christian Education office.

Please remember:

- All articles will be included <u>as</u> long as space permits.
- Articles will be edited for grammar and/or clarity where needed.
- Any article turned in after the deadline will be included in the next month's Orbit.

Thank You!