



Wednesday 27 December 2023 Edition

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Editor: Tom Settle thepulse@TrinityAltoona.com

Submission Deadline: Sundays 12:00 Noon

Worship With Us: Saturdays 6:30PM, Sundays 8:15AM & 10:45AM

Can't Make It To Church? [Please Give Online](#) (Endorsed by the [ELCA](#))



Our daily YouTube series "Out to Pastor" is back!

Catch up on all 185+ archived episodes anytime and watch for new episodes each weekday M-F. [Visit our YouTube channel to subscribe!](#)

COME WORSHIP AT TRINITY THIS WEEKEND

We invite you to join us at one of our three convenient worship services this weekend: Saturday at 6:30PM, Sunday at 8:15AM or Sunday at 9:30AM.

Please note the offering plate is on the table at the rear of the sanctuary, there is no passing of the peace and the continuous communion format remains in place.

Please support your church by mail, dropbox or online at TrinityAltoona.com/Give.



A big THANK YOU to everyone who helped decorate our church for Christmas, making it an especially beautiful place to celebrate the birth of Christ. **We can use your help again as we undecorate the church, Saturday January 6 at 10AM.** With your help, we'll get done quickly and share in some good fellowship :)

Start thinking of some yummy soup recipes...Trinity's Souper Bowl returns on Sunday January 28, 2024. Donations of bread and crackers would also be appreciated. Call or text Angela Counterman for more information at 814-312-8036.

Your church still needs thee in 2023! **Consider serving as a lector, usher or Altar Guild member.** We will train you for the position of your choice. **We're also looking for volunteers to join our various church committees,** including Christian Education, Evangelism & Fellowship, Finance, Personnel, Property, Social Ministry, Stewardship and Worship & Music. It's a great opportunity to serve your church AND your community. If you're willing to help, please reach out to Pastor Eli or call the church office at 814-943-3972.

Did you know Trinity Altoona has a **YouTube Channel**? Now you can watch our daily **Out to Pastor** series (plus archived worship services and sermons) anytime on your computers, smartphones, tablets and smart TVs. [Subscribe to Trinity's YouTube channel today :\)](#)

Our **regular weekly activities** include the Sewing Group (Mondays 10AM-2PM), Adult Bible Study (Tuesdays 9-10AM, we're studying The Book of Isaiah), the Healthy You Program (Tuesdays and Fridays 10-11AM), the Prayer Breakfast group (Thursdays 9-10AM) and Sunday School (9:30AM).

Winter, Spring, Summer and Fall. Faith, fun and fellowship are always in season at Trinity Altoona :)

PULSE PIC OF THE WEEK: THE GIFT OF SMILES



The Healthy You group presented St. Andrew Preschool students and their helper Aaron with gifts for Christmas. Photo courtesy Sharon Kutz.

HELP WANTED!

We are working to make **The Pulse** bigger and better than ever in 2023, but we can't do it without your help.

Email your articles and photos (including who, what and where info for each photo) to thepulse@trinityaltoona.com. Be sure to include your phone number in case we have any questions.

We'd also like to share good news from our Trinity family, such as births, birthdays, graduations, engagements, weddings, anniversaries, job changes, pets, promotions, retirements, travels etc. *The Pulse* is Trinity and you are the pulse!

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