



**Wednesday 17 January 2024 Edition**

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**Submission Deadline: Sundays 12:00 Noon**

**Worship With Us: Saturdays 6:30PM, Sundays 8:15AM & 10:45AM**

**Can't Make It To Church? [Please Give Online](#) (Endorsed by the [ELCA](#))**



Our short-form YouTube series "Out to Pastor" is back!

Catch up on all 195 archived episodes anytime and watch for new episodes 3-5x a week. [Visit our YouTube channel to subscribe!](#)

### **COME WORSHIP AT TRINITY THIS WEEKEND**

We invite you to join us at one of our three convenient worship services this weekend: Saturday at 6:30PM, Sunday at 8:15AM or Sunday at 9:30AM.

Please note the offering plate is on the table at the rear of the sanctuary, there is no passing of the peace and the continuous communion format remains in place.

Please support your church by mail, dropbox or online at [TrinityAltoona.com/Give](http://TrinityAltoona.com/Give).



**Trinity's "Soup"er Bowl returns on Sunday January 28, 2024 at 1PM in Trinity Hall.** Your \$5 donation allows you to try as many soups as you like. There's a sign-up sheet by the cry room if you'd like to make soup, donations of bread and crackers are also appreciated. Call or text Angela Counterman for more information at 814-312-8036.

Looking to make a resolution that matters in 2024? **Consider serving as a lector, usher or Altar Guild member.** We will train you for the position of your choice. **We're also looking for volunteers to join our various church committees,** including Christian Education, Evangelism & Fellowship, Finance, Personnel, Property, Social Ministry, Stewardship and Worship & Music. It's a great opportunity to serve your church AND your community. If you're willing to help, please reach out to Pastor Eli or call the church office at 814-943-3972.

Did you know Trinity Altoona has a **YouTube Channel**? Now you can watch our daily **Out to Pastor** series (plus archived worship services and sermons) anytime on your computers, smartphones, tablets and smart TVs. [Subscribe to Trinity's YouTube channel today :\)](#)

Our **regular weekly activities** include the Sewing Group (Mondays 10AM-2PM), Adult Bible Study (Tuesdays 9-10AM, we're studying The Book of Isaiah), the Healthy You Program (Tuesdays and Fridays 10-11AM), the Prayer Breakfast group (Thursdays 9-10AM) and Sunday School (9:30AM).

Winter, Spring, Summer and Fall. Faith, fun and fellowship are always in season at Trinity Altoona :)

## PULSE PIC OF THE WEEK: BE MY VALENTINE



*Claire Goon, Norma Stenger and Linda Hoover (not pictured) helped decorate the Trini-tree for Valentine's Day 2024. Photo courtesy Sharon Kutz.*

### **HELP WANTED!**

We are working to make **The Pulse** bigger and better than ever in 2023, but we can't do it without your help.

Email your articles and photos (including who, what and where info for each photo) to [thepulse@trinityaltoona.com](mailto:thepulse@trinityaltoona.com). Be sure to include your phone number in case we have

any questions.

We'd also like to share good news from our Trinity family, such as births, birthdays, graduations, engagements, weddings, anniversaries, job changes, pets, promotions, retirements, travels etc. *The Pulse* is Trinity and you are the pulse!



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